Webinar Patellofemoral pain;

Patellofemoral pain can be challenging for medical providers to manage. It is a complex disorder that requires a biopsychosocial approach for successful management. But that does not mean that it needs to be complicated! This lecture will cover concepts such as load tolerance, biomechanics, and psychosocial factors that contribute to patellofemoral pain and ways to intervene with simple yet purposeful strategies.